

## 2026 ILCA (Laser) Sailing Instructions (SIs)

### 1. RULES

The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).

### 2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted at least 2 hours prior to the warning signal for the first race or announced on the water when code flag "L" is displayed.

### 3. COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the official notice board located at the south end of the NBC porch.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore shall be displayed from the flagpole at the RC slip.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in Race Signals AP.

### 5. SCHEDULE OF RACES

The warning signal for the first race is scheduled for 1330 hours. Multiple races to follow.

### 6. CLASS FLAG

The class flag will be the ILCA (Laser) class emblem on a white background.

### 7. RACING AREA

The racing area shall be the part of the Hudson River known as the Tappan Zee, south of Hook Mountain and north of the Tappan Zee Bridge.

### 8. COURSES

- 8.1. The course diagrams and identifying course letters are located on the last page of these Sailing Instructions.
- 8.2. No later than the warning signal, the RC Boat shall display the course and the approximate compass bearing of the first leg.

### 9. MARKS

- 9.1. *Marks* shall be red balls.
- 9.2. *New marks*, as provided for in SI 12 will be yellow balls.

### 10. OBSTRUCTIONS

- 10.1. The NBC mooring area, defined as the area within straight lines joining all outermost mooring buoys, is designated as an obstruction.
- 10.2. The Woods Hole Oceanographic Institution research station, located east of the North River Shipyard, defined as the area within straight lines joining the three guard buoys surrounding the station, is designated as an obstruction.
- 10.3. No boat shall sail within these obstructions while racing.

### 11. THE START

- 11.1. The starting line shall be between the hoist displaying an orange flag on the RC Boat and the starting mark.
- 11.2. Appendix U (Audible-Signal Racing System) will be in effect (3 minute starting sequence).
- 11.3. The RC shall attempt to hail the sail number(s) for OCS boat(s) after the starting signal. Failure of the Race Committee to hail a boat's number, failure of a boat to hear such a hail, or the order in which boats are hailed shall not be grounds for redress. This changes RRS 61.1(a).
- 11.4. A boat that does not *start* within 10 minutes after her starting signal shall be scored DNS without a hearing. This changes RRS A5.

### 12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the Race Committee shall lay a new mark, move the original mark, or move the finishing line to a new position.
- 12.2. When in a subsequent change a new *mark* is placed it will be replaced by an original *mark*.

### 13. THE FINISH

The finish line shall be between the hoist displaying an orange flag on the RC Boat and the nearby finishing mark. This changes RRS Race Signals Blue Flag.

### 14. PENALTY SYSTEM

Appendix T ARBITRATION and Appendix V1 PENALTY AT THE TIME OF AN INCIDENT shall be in effect.

### 15. TIME LIMITS

- 15.1. The Race Time Limit for the first finisher to *sail the course* is one hour, starting from her starting signal.
- 15.2. All subsequent finishers must finish within the Finishing Window defined as 20 minutes after the first finish. This changes RRS Rule 35, A5.1 and A5.2.
- 15.3. Boats starting but failing to *sail the course* within the Finishing Window and not retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. This changes RRS 35, 60.5 (a), A5.1, 5.2, and A5.10.
- 15.4. If no boat in the fleet sails the course within the one hour limit, the race shall be abandoned.

### 16. HEARING REQUESTS

- 16.1. A boat intending to protest or request redress should, at the first reasonable opportunity after she finishes, inform the Race Committee of her intent to protest or request redress and when applicable, the identity of the protestee.
- 16.2. The time limit to submit protests and requests for redress in writing shall be 1 hour after the RC Boat reaches her mooring or slip. This changes RRS 60.3 (b).

16.3. Hearing Requests should be delivered to the Principal Race Officer. Paper forms are available in the rack next to the RC locker in the NBC basement.

## 17. SAFETY

17.1. All boats intending to race shall check in with the RC before their first race of each day, by sailing past the RC Boat, hailing their sail number and receiving verbal confirmation from the RC.

17.2. Any boat that has not checked in shall be scored DNC without a hearing. This changes RRS 60.5(a), A4 and A5.

17.3. A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity.

## COURSES

